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THE STANDARD THE RESOURCE

How Can I Benefit from Safety Research? Strategies for Navigating the Many Options to Move from Compliance Management Into Safety Management

April 3rd, 2025

INTRODUCTIONS - AMTA

Member Services: Provide guidance on workplace and fleet-specific safety

Advocacy: Represent Alberta's trucking industry at all levels of government

Research and Innovation: Conduct research in new technologies and strategies in the trucking and busing industries

Training: Provide industry-specific training solutions

COR/SECOR: Certifying Partner for the trucking industry

Networking: AMTA hosts regular regional meetings across the province to deliver important updates on key issues of the day



INTRODUCTIONS - DAVE ELNISKI

Industry background:

- Long-haul flatbed trucker
- Fleet safety manager
- Industry Advisor, Safety & Compliance, for the Alberta Motor Transport Association
- CTSP, CRSP

Educational background:

- MA in Women and Gender Studies, University of Lethbridge (2023): studied the impacts of social factors on safety performance at Alberta-based trucking companies
- PhD student in Public Health, University of Saskatchewan: researching impacts of safety system management on truck driver health, safety, and wellness



LEARNING OBJECTIVES

- 1. Understand the differences between compliance management and safety management
- 2. Gain insight into what some companies are already doing to move beyond compliance
- 3. Learn systems for navigating safety research data to make informed decisions



OVERVIEW

Part I | Compliance versus Proactivity

- Language
- Theory
- Prescriptivity

Part II | Understanding Your Options

- Today's safety technology and management practices
- Quality evidence and its interpretation
- Sophisticated examples

Part III | Making Your Own Trail

- System 1: Evaluating efficacy and return on investment
- System 2: Organizational self-awareness
- System 3: Literature searches (not reviews)
- System 4: Pilot projects



COMPLIANCE VERSUS PROACTIVITY



LANGUAGE

- Compliance
- Proactive safety management (i.e., proactivity)
- Sources of evidence: primary, grey, personal, etc.
- Quantitative versus qualitative data
- Descriptive versus inferential data
- Bias
- Methods
- Generalizability
- Theory versus practice



SOME THEORY ON COMPLIANCE



PRESCRIPTIVITY



UNDERSTANDING YOUR OPTIONS



SOME OF TODAY'S SAFETY TECHNOLOGIES AND MANAGEMENT PRACTICES

Vehicle-based (i.e., field-level) STEs:

- Adaptive cruise control
- Adaptive steering
- ADAS integration platforms
- AI-based route optimization
- Automatic emergency braking
- Automatic trailer coupling systems
- Autonomous yard vehicles
- Blind spot monitoring
- Camera-based monitoring systems
- Collision avoidance and pedestrian detection systems
- Driver-facing cameras
- Electronic inspection and critical events monitoring
- Electronic logging devices for hours-of-service management
- Electronic stability control
- Forward collision warning
- Heads-up display
- Intelligent speed adaptation
- Lane departure warning
- Lane keep assist
- Lane-centering assist
- Mobile fleet safety apps

- Premium clusters
- Rain and light sensors
- Real-time weather monitoring systems
- Rear cross-traffic alert systems
- Road-facing cameras
- Roll stability control
- Smart parking assistance systems
- Speed governors/limiters
- Tire pressure monitoring systems
- Traffic sign recognition systems
 - Vehicle-to-infrastructure communication
 - Vehicle-to-vehicle communication

Office-based STEs:

- Audit preparation and documentation management software
- Collision reconstruction software
- Contractor safety management tools
- Cross-border compliance software
- Customizable reporting engines
- Cybersecurity management tools
- Driver risk profile monitoring systems
- Electronic logging devices for hours-of-service information

- Emergency response management and planning software
- Fatigue management software
- Fleet management system
- Fuel and emissions reporting software
- · General safety management and compliance software
- Incident reporting systems
- Integration platforms
- Learning management systems
- · Pre-employment screening and hiring tools
- Predictive maintenance software
- Simulators and virtual reality
- Telematics (general concept)
- Transportation management systems

SMPs:

- Active management of STEs
- Active program or system administration
- Advanced driver substance abuse programs
- Competency assessments initial and ongoing
- Competent safety professionals
- Compliance management
- Contract driver safety management
- Driver compensation structure

- Driver engagement programs
- Driver health and wellness programs
- Emergency response planning
- Fatigue management
- Hazard identification, assessment, and control
- HR and safety collaboration
- Incident investigation program
- Industry engagement
- Integrated safety frameworks
- Journey management
- Management commitment
- Metrics
- Proactive inspection program
- Risk management
- Safe driver hiring practices
- Safety-centric procurement and sales
- Safety committees and representatives
- Safety incentive programs
- Sleep apnea programs
- Temporary foreign worker safety management



Abbreviations: Safety Technology Element (STE) | Safety Management Practice (SMP)

FINDING AND INTERPRETING QUALITY EVIDENCE



INITIAL FINDINGS

- 1. With more data comes more responsibility
- 2. Technology is allowing employers to focus on immediate causes with reported success
- 3. Employers are concerned with their safety culture and its internal and external perception
- 4. Return on investment (ROI) lags, efficacy leads
- 5. Safety performance improvements are motivated by finances and ethics
- 6. Organizations of mostly all sizes and types can move from compliance into proactivity

A sophisticated example:

• Large (>1,000 power units) trucking company uses driver-facing cameras with artificial intelligence (AI) to reduce unsafe driver behaviours while largely automating associated safety and HR processes



PART III PAVING YOUR OWN ROAD



SYSTEM 1 - EVALUATING EFFICACY AND ROI

Efficacy:

- 1. Confirm the definition of "efficacy"
- 2. Get details on metrics being used
- 3. Compare information with other sources
- 4. Consider specific applications
- 5. Ask about factors that impact efficacy

Return on investment (ROI):

- 1. Ask about efficacy
- 2. Verify the ROI calculation method
- 3. Request time-related details
- 4. Request cost-related details
- 5. Get context
- 6. Request data and testimonials
- 7. Ask about management requirements



SYSTEM 2 - ORGANIZATIONAL SELF-AWARENESS

What best describes the organization?

- 1. The Non-Compliant Organization
- 2. The Reactive, Compliance-Focused, and Content Organization
- 3. The Reactive, Compliance-Focused, and Discontent Organization
- 4. The Somewhat Proactive Organization
- 5. The Proactive, Advanced Organization



SYSTEM 3 - LITERATURE SEARCHES (NOT REVIEWS)

Literature search process:

- 1. Define research question(s)
- 2. Identify search engine(s)
- 3. Write out search entries using appropriate operators
- 4. Conduct searches
- 5. Scan first 10 entries for each search, then move on
- 6. Assess results and repeat as-needed



SYSTEM 4 - PILOT PROJECTS

Running your own pilot project:

- 1. Establish baseline data (internal > external)
- 2. Identify main areas of poor safety performance
- 3. Select validated solutions (STEs and/or SMPs)
- 4. Design pilot project with as much variable control as possible
- 5. Implement
- 6. Measure pre-project, interim, and post-project efficacy





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QUESTIONS? memberservices@amta.ca